

Plan overview:
What the member pays

Regence BlueCross BlueShield of Oregon: NATA HSA plans

Family deductible and out-of-pocket maximum (OPM) is 2x individual	HSA 2500	HSA 3500	HSA 5000	HSA 6000
In-network deductible / out-of-network deductible	\$2,500 / \$5,000	\$3,500 / \$7,000	\$5,000 / \$10,000	\$6,000 / \$10,000
In-network OOPM / out-of-network OOPM	\$5,500 / \$11,000	\$6,500 / \$13,000	\$6,500 / \$13,000	\$7,500 / \$15,000
Preventive care	Covered in full for in-network services			
Behavioral health	20%	20%	20%	20%
Vendor telehealth (Doctor On Demand)	0%	0%	0%	0%
Primary care provider	20%	20%	20%	20%
Specialist	20%	20%	20%	20%
Urgent care	20%	20%	20%	20%
Maternity	20%	20%	20%	20%
Inpatient hospital	20%	20%	20%	20%
Outpatient lab and radiology	20%	20%	20%	20%
Outpatient rehab (30 annual-visit limit)	20%	20%	20%	20%
Emergency room	20%	20%	20%	20%
Acupuncture (24 annual-visit limit each)	20%	20%	20%	20%
Spinal manipulations (No annual-visit limit)	20%	20%	20%	20%
In-network coinsurance for other covered medical care	20%	20%	20%	20%
Out-of-network coinsurance for covered medical care	40%	40%	40%	40%
Pharmacy				
Optimum Value Medication List	Yes	Yes	Yes	Yes
Tier 1 (Mostly generic, some brand)	20%	20%	20%	20%
Tier 2 (Preferred brand)	20%	20%	20%	20%
Tier 3 (Brand)	20%	20%	20%	20%
Tier 4 (Specialty)	50%	50%	50%	50%

 = Deductible waived

 = Deductible applies

Doctor On Demand is a separate company that provides telehealth services.
myStrength by Teladoc is a separate company that provides behavioral health care services.



Regence BlueCross BlueShield of Oregon
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Regence BlueCross BlueShield of Oregon
200 SW Market Street, 11th Floor | Portland, OR 97201

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Northwest Automotive Trades Association & Regence health plans: For producers

You and your employees come first, always

Taking care of you and your customers starts with our building a lasting relationship with you. Together, we can deliver high-value health plans and support centered on improving your customers' businesses and the lives of their employees and families.

What we offer

Regence BlueCross BlueShield of Oregon is a local, tax-paying, not-for-profit organization that has been a part of this community for over 80 years. We live here and work here, and we're proud to serve our neighbors.

Local representation

DiMartino Associates and Regence account management have many years of successful association management and support experience. We're partnered together locally to provide the personalized support and service you need and expect for you and your customers, available over the phone or via chat on our website or app.

Wide network

Regence contracts with 100% of facilities (except Kaiser facilities) in Oregon and 95 to 97% of providers. We offer contract savings that averages 3% to 5% better than the competition, which aids renewal rates and lowers out-of-pocket expense. Plus, Regence provides nationwide contracted provider access through our National BlueCard® PPO network. When you choose Blue®, you're choosing one of the most recognized brands in the world that's welcomed by doctors, hospitals and pharmacies across all 50 states and around the world.

Range of benefits, rates and choices

You choose among 19 competitively priced medical plans, including four HSA plans, three dental plans and more ancillary benefits, along with the NATA membership benefits. NATA member employer groups get exclusive access to these health care plans. This exclusivity allows NATA members to band together to select customized plans that they wouldn't otherwise have access to, especially for smaller employers. Also, this enables NATA to work as an industry community to bring healthier outcomes to your employees and their families. This group's collective purchasing power also brings better rates over the long term.

Rolling renewals: New groups will now receive a 12-month contract regardless of their original effective date.

What your customers get

Virtual care

With Doctor On Demand, employees can connect to physicians and behavioral health specialists from anywhere they live, work or play. All our plans cover unlimited virtual visits with a \$0 copay before the deductible is met (0% after deductible for HSA plans). Plans include nurse advice, urgent care and primary care.

Well-being incentives

Regence offers a self-administered well-being platform, Regence Empower®, that offers education, tools and support for employees and their families on their health care journey. Gift cards valued up to \$100 are available to incentivize healthy behaviors.

Improved access to behavioral health care

These plans offer comprehensive behavioral health benefits, with many ways to get care and support, starting with our specially trained customer service reps and the myStrength self-administered app. We've increased our provider pool by over 2,000 behavioral health providers in the last three years. Productive employees need to be at their best health, so

we've designed a behavioral health program with a range of solutions to meet their needs. From talk therapy to medication, there are many types of mental health treatment. Regence makes support more accessible—so everyone can get the right level of care at the right time.

Pharmacy support

Through their [regence.com](https://www.regence.com) member account, employees can research and compare medications for effectiveness, costs and side effects. They can also connect with a licensed pharmacist, get real-time alerts about safety, costs and equally effective alternatives and find help changing prescriptions.

Our network includes convenient home-delivery options. Also, the network offers pharmacies across the country, including Walgreens, Albertsons, Kroger and Rite Aid. Our HSA plans include our broad Optimum Value Medication List, which offers low- and no-cost prescriptions before the deductible on select preventive medications along with expanded support for employees with chronic conditions such as diabetes, heart disease, asthma or high blood pressure.

Want to learn more? Please contact DiMartino Associates directly at 1-800-488-8277 or email at nata@dimarinc.com.

Plan overview:
What the member pays

Regence BlueCross BlueShield of Oregon: NATA PPO and dental plans

Family deductible and out-of-pocket maximum (OOPM) is 2x individual	PPO 80 500	PPO 80 750	PPO 80 1000	PPO 80 1500	PPO 80 2000	PPO 80 2500	PPO 80 3000	PPO 80 4000	PPO 80 5000	PPO 80 6000	PPO 70 2000	PPO 70 3000	PPO 70 4000	PPO 70 5000	PPO 70 6000
In-network deductible / out-of-network deductible	\$500 / \$1,000	\$750 / \$1,500	\$1,000 / \$2,000	\$1,500 / \$3,000	\$2,000 / \$4,000	\$2,500 / \$5,000	\$3,000 / \$6,000	\$4,000 / \$8,000	\$5,000 / \$10,000	\$6,000 / \$12,000	\$2,000 / \$4,000	\$3,000 / \$6,000	\$4,000 / \$8,000	\$5,000 / \$10,000	\$6,000 / \$12,000
In-network OOPM / out-of-network OOPM	\$3,500 / \$7,000	\$5,000 / \$10,000	\$6,000 / \$12,000	\$5,000 / \$10,000	\$6,000 / \$12,000	\$6,000 / \$12,000	\$6,500 / \$13,000	\$6,500 / \$13,000	\$8,000 / \$16,000	\$8,500 / \$17,000	\$7,000 / \$14,000	\$7,500 / \$15,000	\$8,000 / \$16,000	\$9,000 / \$18,000	\$9,000 / \$18,000
Preventive care	Covered in full for in-network services														
Behavioral health	\$25	\$25	\$25	\$25	\$25	\$30	\$30	\$30	\$30	\$35	\$35	\$35	\$40	\$40	\$40
Vendor telehealth (Doctor On Demand)	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
Primary care provider	\$25	\$25	\$25	\$25	\$25	\$30	\$30	\$30	\$30	\$35	\$35	\$35	\$40	\$40	\$40
Specialist	\$50	\$50	\$50	\$50	\$50	\$60	\$60	\$60	\$60	\$70	\$70	\$70	\$70	\$70	\$70
Urgent care	\$50	\$50	\$50	\$50	\$50	\$60	\$60	\$60	\$60	\$70	\$70	\$70	\$70	\$70	\$70
Maternity	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	30%	30%	30%	30%	30%
Inpatient hospital	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	30%	30%	30%	30%	30%
Outpatient lab and radiology	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	30%	30%	30%	30%	30%
Outpatient rehab (30 annual-visit limit)	\$25	\$25	\$25	\$25	\$25	\$30	\$30	\$30	\$30	\$35	\$35	\$35	\$40	\$40	\$40
Emergency room	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250	\$250
Acupuncture (24 annual-visit limit each)	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15
Spinal manipulations (No annual-visit limit)	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15
In-network coinsurance for other covered medical care	20%	20%	20%	20%	20%	20%	20%	20%	20%	20%	30%	30%	30%	30%	30%
Out-of-network coinsurance for covered medical care	40%	40%	40%	40%	40%	40%	40%	40%	40%	40%	50%	50%	50%	50%	50%
Pharmacy															
Tier 1 (Mostly generic, some brand)	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10	\$10
Tier 2 (Preferred brand)	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50
Tier 3 (Brand)	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75	\$75
Tier 4 (Specialty)	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%	50%

Dental options	Deductible	Annual max	Preventive & diagnostic services	Basic services	Major services
Dental Plan 1	\$50	\$1,500	0%	20%	50%
Dental Plan 2	\$50	\$1,500	20%	20%	50%
Dental Plan 3	\$50	\$1,000	0%	20%	50%

 = Deductible waived  = Deductible applies